



**For immediate release**  
October 5, 2016

For more information contact:  
Cathy Gustavson  
Vice President of Marketing  
Fox Communities Credit Union  
920-993-3734  
[cgustavson@foxcu.org](mailto:cgustavson@foxcu.org)

## **Is it Alzheimer's or Normal Aging?**

Attend this seminar and learn tips on the warning signs of Alzheimer's. More than five million people are living with Alzheimer's today, and it's one of the costliest chronic diseases to society ([www.alz.org](http://www.alz.org)). Check out one of three seminars sponsored by Fox Communities Credit Union for an opportunity to learn more about this disease.

The seminar will share the ten warning signs of Alzheimer's, how to separate myth from reality, and information on commonly held fears about the disease.

Join us on Wednesday, October 12, at Fox Communities Credit Union, 3401 E. Calumet St., Appleton, Wednesday, October 19, at Tundra Lodge and Conference Center, 865 Lombardi Ave., Green Bay, or Wednesday, October 26, at Capitol Civic Centre, Mertens Family Lobby, 913 S. 8<sup>th</sup> St., Manitowoc. Each one hour seminar will be presented at 6:00 pm.

Our presenter, Vicki Johnson, is an Outreach Specialist for the Alzheimer's Association, and has close to 30 years' experience working in long term care.

Register at [www.foxcu.org](http://www.foxcu.org) or by calling the Call Center at (920) 993-9000. This seminar is free and open to the public.

Anyone can join **Fox Communities Credit Union** if they live or work in the counties of Brown, Calumet, Door, Fond du Lac, Kewaunee, Manitowoc, Oconto, Outagamie, Shawano, Waupaca or Winnebago County. Fox Communities Credit Union has been serving the community for over **75 years**, employs 300 people and has an asset size of over \$1 billion. Visit [www.foxcu.org](http://www.foxcu.org) for more details.